

St James and St John C of E Primary School Newsletter



Friday 15th March 2024

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Dear Parents and Carers,

It was lovely to see so many parents and carers attending our recent assemblies to share and celebrate our work on **Equality Studies** :) The children enjoyed sharing their learning about **Gender Equality, Racial Equality, Social Justice (including Votes for Women)** and **British Values**.

School finishes at the usual time of **3.15pm** on **Thursday 28th March** - the last day of the Spring Term. Children must be in school until this time as they will continue to learn the full curriculum until the end of term. Working parents have told us that they find this helpful.

With best wishes, **Mr Evans (Head of School)** and **Mr Webb (Executive Headteacher)**

The ZONES of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
bored tired unwell shy deflated	focussed calm proud relaxed	worried frustrated silly excited scared	angry terrified ecstatic panicked overjoyed

ZONES of REGULATION

During assembly, Mr. Evans talked to the children about self-regulation and the **ZONES of REGULATION**, including the **Green Zone**, where the children may feel focussed, calm, proud and relaxed - and have the ideal amount of energy for learning and play.

The children learned that **all zones** are okay, but **not all behaviours are okay**, e.g. *'It is okay to be in the **Red Zone** - where we might feel angry or terrified - but it is not okay to hit out and physically hurt someone'*. Mr. Evans said that 'when we notice that our behaviour is not appropriate to the situation, we need to manage ourselves differently.'

Take a look at the **ZONES of REGULATION** in the chart above and ask your child to talk about the different zones and how they manage their when they find themselves in different zones.



Year 5: Prom Praise 4 Schools...

Year 5 enjoyed performing at the Royal Albert Hall this week as they took part in Prom Praise 4 Schools with more than 60 schools. Through drama and music, the children explored themes of courage, redemption, and servant-hearted leadership in an overview of the life of King David with a cast of hundreds. **Well done,**

Red Nose Day at St James and St John...

We raised an incredible **£180** for Comic Relief, thanks to your generous donations towards buying Red Noses.

The money raised has been donated to Comic Relief. Your child will be bringing their Red Nose home to wear this evening, which is 100% plastic free, recyclable and plant-based. :)



I have received and read the St James and St John CE Primary School newsletter of **15.03.2024**

Name of child _____ Class _____

PLEASE RETURN THIS SLIP TO THE SCHOOL OFFICE AND YOUR CHILD MIGHT WIN A PRIZE :)

Attendance...

Congratulations to **Year 5** and **Year 6** for having the **BEST ATTENDANCE** this week. Most **Year 5** and **Year 6** pupils came to school every day; **Year 5** and **Year 6** really showed the school value of **Community** by helping their class to have the best attendance, this week. **James** and **John** (our attendance bears) will come and stay with **Year 5** and **Year 6** for the whole of next week :)



Y1 Science: Plant Detectives Workshop

Year 1 enjoyed learning their visit to Golders Hill Park - including a Scavenger Hunt - this week.



Person of the Week!

Nursery - Nathanael

Reception - Mabel

Year 1 - Aleen

Year 2 - Grayson

Year 3 - Nieve

Year 4 - Sophie

Year 5 - Nassar

Year 6 - Giovanna



Important Dates for your Diary...

Wednesday 20th March - Friday 22nd March

PGL - Year 4 School Journey to Marchants Hill

Thursday 21st March - Year 5 and Year 6 **Football Tournament**

Wednesday 27th March - Academic Review Day -

parents attend school with their child at their appointment time to meet the teacher

Thursday 28th March - Last day of Spring Term

Friday 29th March - Friday 12th April -

Easter Holidays

Monday 15th April - Pupils return to school

Monday 27th May - Friday 31st May -

Half Term



Work of the Week!

Every week a brilliant piece of children's work is showcased in the school lobby (next to the office). This week's brilliant piece of work is by **Anna-Preet** in Reception.



Reception class recently retold the story of 'Jack and the Beanstalk' in the correct order, in their own words, using new vocabulary.

Anna-Preet was able to retell the story by using correct letter formation, excellent phonics skills, finger spaces and punctuation to write some fantastic sentences.

Well done, Anna-Preet.

Our Prayer of the week...

We are currently in the period of Lent...

Father of Love,

As we walk up our mountain this Lent

Help us in our prayers,

In the silence of our hearts,

To know we are loved.

Help us to see

With the eyes of compassion

So that we become aware

Of the needs of others.

Amen



Don't let a little worry turn into a big one...

If you or your child are worried about something or have any questions, please phone the school office and book an appointment to see their class teacher or Mr Evans.

We are always really pleased to meet with you and chat things through.





MIND Parents Workshop

Understanding anxiety

We are happy to announce that we are organising a face-to-face psychoeducational workshop for parents and carers which is going to be delivered by the Mental Health Support Team (MHST) from Westminster Mind.

The workshop topic will be Understanding anxiety.

It will be an opportunity to understand what anxiety is, factors involved in the anxiety cycle and learn strategies to support children to manage their feelings of anxiety.

The workshop is going to take place face to face at Lancaster Hall on the date and time shown below:

Thursday 21st March 2024, 9am to 10am

We are looking forward to seeing you there!

 **mind**
Brent, Wandsworth
and Westminster

Charity No. 292708

**“THIS MORNING,
HE HAD A
RUNNY NOSE...
BUT LOOK AT
HIM NOW!”**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Search NHS school illness guidance to find out more.

